**KILBREDA COLLEGE**

**UNIT 1 – YOUTH HEALTH & DEVELOPMENT**

**SAC 3 – ORAL PRESENTATION & WRITTEN REPORT 2011**

**Outcome 3**

Develop and justify actions that could be undertaken by individuals, families and communities to optimise the health and development of Australian youth.

**School Assessed Task 3 – Oral Presentation & Written Report**

For this SAC you will be required to research a health challenge faced by Australian youth during the transition from childhood to adulthood. Topics and dates of the presentations will be randomly allocated.

You will be required to complete the following:

1. **A written research assignment** on the allocated health challenge (minimum 1000 words) and must include:

* the main issues of this health challenge
* the impact of the challenge on the health and development of youth – physical, social, emotional & intellectual
* the use of Australian statistics to support your argument
* the range of sources and accessibility of information and support that are readily available to youth in relation to the challenge
* protective factors and supportive environments for youth in relation to this challenge
* the differing values, attitudes and understandings of the challenge within the community
* a reference list

1. **A class presentation** – minimum of five minutes. Your class presentation should be a summary of the main points of your written report. Class presentations can be in the form of PowerPoint presentations, class handouts that have relevant activities or quizzes, video presentations, etc. Check with your teacher if you are not sure what to do. If you are doing a video presentation, it is your responsibility to organise all required equipment.

**You will be allocated three lessons to research and prepare for this task.**

teenage pregnancy/abortion

sexually transmitted infections

smoking

alcohol use & abuse

drug use & abuse

depression

suicide & self-harm behaviour

anorexia nervosa

bulimia nervosa

accidents and injuries

skin cancer

nutrition/physical exercise

socio-economic status

family

sexuality/coming out

overweight & obesity

physical disabilities

loss & grief

relationships

forming an identity

abuse within relationships